



Heath Hands Update – April 2025

Heath Hands is a registered charity delivering conservation, community, learning and wellbeing programmes across Hampstead Heath, Highgate Wood, Keats House and at the Kenwood Estate.

Heath Hands and the City of London Corporation have a partnership agreement until 2029.

Summary of activity in line with our strategy and charitable objectives in Highgate Wood (since 1st October 2024)

- 452.5 volunteer hours contributed on practical conservation and habitat management sessions run by staff team.
- Webpage with information about Highgate Wood created, including the historical leaflet.
- Promotion of Wood's Ranger led walks programmes on Heath Hands website, social media and newsletter.

Wider Heath Hands activity (since April 2024)

Conservation

- Over 17,000 conservation volunteering hours contributed across the green spaces, including conservation and garden and estate maintenance sessions
- Ongoing projects focusing on wildlife monitoring and habitat improvement and connectivity projects

Community

- Over 2,700 participants across our community outreach sessions
- Ongoing collaboration with local organisations to increase participation from underrepresented groups
- 52 corporate volunteering sessions with over 700 participants taking part

Learning

- Regular school sessions with over 900 children from our twenty Heath Friendly Schools taking part
- Free weekend interpretation activities – with over 5,000 visitors engaged about nature
- 40 guided walks and workshops for public on history, trees, bats, nature poetry, nature journaling, butterflies, wreath-making and more
- Weekly sessions with SEN children and weekend youth volunteering

Wellbeing

- over 2,000 participants on our free wellbeing programme
- Three weekly health walks run each week for varying abilities and regular nature mindfulness sessions each month

For further information please visit: www.heath-hands.org.uk